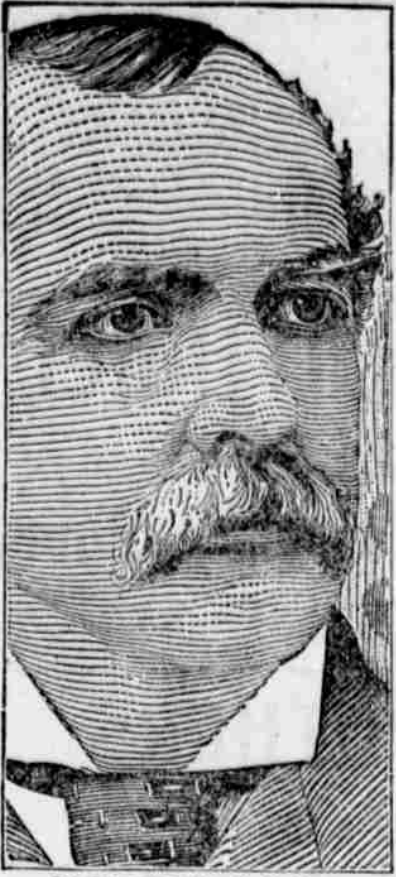


## UNITED STATES SENATOR FROM SOUTH CAROLINA PRAISES PE-RU-NA.



Ex-Senator M. C. Butler.

*Dyspepsia is Often Caused by Catarrh of the Stomach—Peruna Relieves Catarrh of the Stomach and Is Therefore a Remedy for Dyspepsia.*

Hon. M. C. Butler, U. S. Senator from South Carolina for two terms, in a letter from Washington, D. C., writes to the Peruna Medicine Co., as follows:

"I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine, besides a good tonic."

CATARRH of the stomach is the correct name for most cases of dyspepsia. Only an internal catarrh remedy, such as Peruna, is available.

Peruna Tablets can now be procured.

## WINCHESTER



## "NUBLACK" Loaded Black Powder Shotgun Shells

"Nublacks" are as perfect as brains and ingenuity, coupled with first-class materials and modern methods of manufacture, can make them. They are sure fire, make even patterns, shoot hard and strong and will stand reloading. Ask for "Nublacks" next time.

THEY HELP MAKE BIG BAGS

New and Liberal Homestead Regulations in

## WESTERN CANADA

New Districts Now Opened for Settlement



Some of the choicest lands in the grain growing belt of Saskatchewan and Alberta have recently been opened for settlement under the Revised Homestead Regulations of Canada. Thousands of homesteads of 160 acres each are now available. The new regulations make it possible for entry to be made by proxy, the opportunity that many in the United States have been waiting for. Any member of a family may make entry for any other member of the family, who may be entitled to make entry for himself or herself. Entry may now be made before the Agent or Sub-Agent of the District by proxy, (on certain conditions) by the father, mother, son, daughter, brother or sister of intending homesteader.

"Any even numbered section of Dominion lands in Manitoba or the North-West Provinces, excepting 8 and 16, not reserved, may be homesteaded by any person the sole head of a family, or male over 18 years of age, in the extent of one-quarter section, of 40 acres, more or less."

The fee in each case will be \$10.00. Churches, schools and markets convenient. Healthy climate, splendid crops and good laws. Grain-growing and cattle-raising principal industries.

For further particulars as to routes, routes, best time to go and where to locate, apply to

J. S. CRAWFORD, Kansas City, Missouri.



**LEWIS  
SINGLE  
BINDER**  
STRAIGHT 50 CIGARS

You Pay 10c.  
for Cigars  
Not so Good.  
F. P. LEWIS Peoria, Ill.

## LUNCH AND SUPPER

SOME SUGGESTIONS FROM A NEW YORK EXPERT.

Two Appetizing Preparations of Oysters—Mock Terrapin—Idea for Those Who Use the Chafing Dish.

New dishes for luncheon or good suggestions for chafing dish suppers never come amiss even with the housewife who prides herself on the variety as well as the excellence of her menus, says a writer in the New York Herald. Try some of the following and see if you do not agree with me that they are worthy of consideration:

Oyster Custard.—Take a round loaf of bread, remove the crust with a sharp knife, cut the inside, leaving a wall about half an inch thick. Brush over with melted butter and brown evenly in a moderate oven. Take the inside bread which has been removed and crumb it. Put a heaping tablespoonful of butter in the fry pan and fry crumbs until they are a golden brown. Cook a quart of oysters in their own liquor to the point of separation, skim the oysters out and set the liquor aside. Put in a saucepan a heaping tablespoonful of butter, a half teaspoonful of grated onion and a teaspoonful of finely minced parsley; allow this to cook a few minutes before rubbing in two heaping tablespoonfuls of flour; turn into this a pint and a half of cream—rich milk can be made to do—and your oyster liquor. Allow this to boil up and thicken; season with salt, cayenne pepper and a little good sherry. Now take your prepared crust and place in the bottom a layer of oysters, then a layer of the fried crumbs, pour over this a part of the sauce, and repeat, oysters, crumbs and sauce, until the crust is filled. Sprinkle the top with crumbs and set in a hot oven only long enough to heat thoroughly. Serve immediately.

Sweetbreads and Oysters in Shells.—Take three or four sweetbreads which have been prepared and cooked, cut into dice, season with salt and pepper and dredge with flour. Have ready three dozen oysters cooked to the point of separation, a small teaspoon of button mushrooms, cooked, and one dozen olives, pared in one piece close to the kernel. Put a quarter of a pound of butter in a saucepan, add two tablespoonfuls of flour, stir rapidly and add enough stock to make a sauce of creamy consistency. Into this turn the sweetbreads, olives, mushrooms and last of all the oysters. Heat, but do not boil. Season to taste with salt, cayenne pepper and a dessert spoonful of tarragon vinegar. Serve in shells of puff paste or in the little cases made over a hot iron.

Mock Terrapin.—One pound of calf's liver, cooked; one cup of cream, one-half cup of beef stock, two ounces butter, one half cup of sherry, two hard-boiled eggs, chopped fine; one tablespoonful of cornstarch. Cut liver into small thin pieces. Put into a saucepan the stock, cream and the cornstarch and butter well rubbed together; when thick, add the liver and stir for ten minutes. Season to taste with salt and cayenne pepper, add sherry and eggs and serve hot.

Have you ever tried oysters and bacon in your chafing dish? If not, I think you will like them. Have your bacon cut as thin as a wafer, or, better yet, buy it already cut, in tins. Place six or eight strips of this in the chafing dish and cook to a delicate crisp, remove, and drop into the fat a dozen or so plump oysters. Cook until they separate well. Serve with the bacon on hot toast, with a dash of lemon juice and paprika.

Apple Johnny Cake.—Grease deep piepan around the edges, fill with nice cooking apples sliced thin, bits of butter and sprinkle with sugar, a little cinnamon and a little cloves; mix into one cup of milk sufficient flour (sifted with two teaspoonfuls of baking powder and a pinch of salt) to make stiff batter; spread over apples, bake and serve with cream. Serve with apples side up.

Grape Pudding.—Pick and wash your grapes; put a layer of grapes in pudding dish, then a layer of sugar and a layer of grapes till half full; then make a pancake batter of two eggs, a cup of flour and pour over grapes (I forgot to add a teaspoonful of baking powder); bake half an hour; serve with sugar and cream.

Marshmallow Cup.

Dissolve over hot water a half pound of very fresh marshmallows. Add half a cup of water and cook until it spins a thread. Beat the white of one egg until stiff and pour the boiling marshmallows over this. Cook it all until cold and smooth. Now add gradually, while beating constantly, half a cupful of red currant juice, a cupful of ripe red raspberries, half a small peeled cucumber cut into dice, the juice of one orange and a pint and a half of chilled mineral water. Put in a punch bowl with fresh berries and Maraschino cherries.

Fish Cutlets.

Scald a cup of milk. Rub together three tablespoonfuls of butter and three of flour, and add to the hot milk. Stir and cook until the mixture is smooth and thick. Add the yolk of an egg, one tablespoonful chopped parsley, ten drops of onion juice, a little grated nutmeg, two cups of cold boiled flaked fish and palatable seasoning of salt and cayenne. Turn out to cool and when cold form into oval shapes, dip in beaten egg, then in crumbs and fry in deep hot fat. Serve with cream or tomato sauce.

Sea Trout Fattened.  
A sea trout was caught at Aberdeen recently, which swam 120 miles in 49 days, and doubled its weight on the way. It was marked and put into the Coquet in Northumberland, and when recaptured at Aberdeen, its length was not increased, its rapid gain in weight being due to corpulence.

Important to Mothers.  
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Dr. J. C. Watson*  
In Use For Over 30 Years.  
The Kind You Have Always Bought.

Whether you be men or women, you will never do anything in the world without courage. It is the greatest quality of the mind, next to honor.—James Allan.

Billions in New Securities.  
Close to a billion dollars of new bonds and shares were issued in Wall street from January to last July. The railroads, which have been the greatest borrowers, issued the great bulk of these securities. In taking its lines from Jersey City to Long Island the Pennsylvania company has been spending \$100,000,000.—Boston Globe.

Electricity in Bookbinding.  
Electricity is now being largely used in the bookbinding industry for embossing and such work. With the aid of the current it is possible to make 480 impressions a minute, which more than atones for its increased cost.

ARE YOUR CLOTHES FADED?  
Use Red Cross Ball Blue and make them white again. Large 2 oz. package, 5 cents.

The time is never lost that is devoted to work.—Emerson.

**"OUCH"  
OH, MY BACK**  
IT IS WONDERFUL HOW QUICKLY THE PAIN AND STIFFNESS GO WHEN YOU USE

**ST. JACOBS OIL**  
THIS WELL-TRIED, OLD-TIME REMEDY FILLS THE BILL  
25c.—ALL DRUGGISTS.—50c.

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The National Pure Food Law has stopped the sale of all impure food products. No more need for worry on that score! It's now a question of efficiency and good value for your money.

## KC BAKING POWDER

for years has stood every test for purity and wholesomeness.

Its superior quality shows in the delicious cakes and biscuit that KC is guaranteed to make.

The price is a saving of over half your baking powder money—

**25 ounces for 25 cents.**

If you have never tried KC, do so now! under the following guarantee:

Your Grocer will sell you a can of KC on trial. Use it for your favorite cake. It will be lighter, tastier, more delicate,—or we pay him for the can. It will open your eyes. Try it quick. Don't delay. You are missing much.

**JAQUES MANUFACTURING COMPANY, Chicago.**

Insight Not Appreciated.  
It's so strange that a man never appreciates the wonderful insight of a woman's mind when she refuses to believe that the street cars were blocked.

Give Defiance Starch a fair trial—try it for both hot and cold starching, and if you don't think you do better work, in less time and at smaller cost, return it and your grocer will give you back your money.

Wisdom is the sunlight of the soul.—German.

Honor Industrious Men.  
The London Daily Mail notes that a Swiss village has been decorated with flags in honor of a hen that has laid her thousandth egg.

That an article may be good as well as cheap, and give entire satisfaction, is proven by the extraordinary sale of Defiance Starch, each package containing one-third more Starch than can be had of any other brand for the same money.

What deep wounds ever close without a scar?—French.

## Pain Paint

Return this with 50 cents in a stamp and I will mail you a Dollar of Watson's Pain Paint.

Pain Paint stops pain instantly; removes Headache, Toothache, Neuralgia, in one minute; cures Rheumatism, burns, cuts, bruises, insect bites, and all other pains. A spoonful taken four times a day will cure the worst cases.

**\$30 AN HOUR**  
**MERRY GO ROUNDS**

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**READERS** of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

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To learn Telegraphy. Write J. G. TIGHE, care Santa Fe Railway, Arkansas City, Kans.

# None to Excel

# Wine of Cardui

It operates upon the womanly functions, regulating their action and condition, heals and builds up the womanly organs. It is a woman's medicine. Try it. Sold everywhere, in \$1 bottles, with full directions for use inside the wrapper.

**WRITE US A LETTER**

Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

Catch of Japanese Fishermen.  
Consul G. H. Seidmore, of Negasaki, reports the estimated value of the catch of the Japanese deep-sea fishermen in 1906 as \$557,985. They also captured fish to the value of \$140,415 along the Korean coasts, including whales, worth \$65,000.

Ladies Can Wear Shoes  
One size smaller after using Allen's Foot-Ease. A certain cure for swollen, sweating, hot, aching feet. At all Druggists, 25c. Accept no substitute. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

He who receives a good turn, should never forget it. He who does one should never remember it.—Charron.

Witty Jury Verdict.  
There is a lot of humor and, besides, a splendid moral for the young business man in a verdict recently rendered by a coroner's jury.

"We, the jury, find from the physician's statement that the deceased came to his death from heart failure, superinduced by business failure, which was caused by speculative failure, which was in turn the result of failure to look ahead."

If you wish beautiful, clear, white clothes use Red Cross Ball Blue. Large 2 oz. package, 5 cents.

Big words seldom go with good deeds.—Danish.

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**\$3.00 & \$3.50 SHOES** BEST IN THE WORLD  
NO SHOES FOR EVERY MEMBER OF THE FAMILY, AT ALL PRICES.

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THE REASON W. L. Douglas shoes are worn by more people in all walks of life than any other make, is because of their excellent style, easy-fitting, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe, and every detail of the making is looked after by the most complete organization of superintendents, foremen and skilled shoemakers, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

**CAUTION!** The genuine have W. L. Douglas name and price stamped on bottom. No substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory. Shoes sent everywhere by mail. Catalog free. W. L. Douglas, Brockton, Mass.

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Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR RESTORER. PRICE, \$1.00, retail.